



Dreaming of a new kitchen?

**Win a \$7,000 KitchenAid  
appliance makeover**

in the 2007 **RECIPES ROUNDUP**

[www.miocoalition.com](http://www.miocoalition.com)





## TO ENTER:



Send completed entry form and your complete recipe via US mail to MIO COALITION RECIPE ROUNDUP, P.O. BOX 54386, Oklahoma City, OK 73154 or submit your recipe at [www.miocoalition.com](http://www.miocoalition.com) by using the online entry form provided. Entries received via mail must be postmarked by May 10th and received by May 10th, 2007. Recipe must be legibly printed or typed and include your name, address, phone number, e-mail address (if you have one), recipe name, category you are entering and the list of ingredients [including minimum of 2 Made in Oklahoma Coalition products] with their exact quantities in the order they are used.

Specific directions (in paragraph form) must include cookware size, cooking time and temperature and number of servings should follow list of ingredients. Incomplete or illegible entries will be disqualified.

### Category Specifications:

- ☼ Mouth Watering Main Entrees- your signature recipe served Oklahoma Style

- ☼ Dig in Desserts- any sweet creation that is a perfect ending to your elegant or casual gathering
- ☼ Authentic 100 year-old recipes- recipes created by your family that have been circulated for 100 years in honor of the Oklahoma Centennial



### Judging:

Entries will be judged on creativity, taste, ease of preparation and use of minimum of 2 eligible Made in Oklahoma Coalition products.

Entries must be newly created and the original recipe of the contestant. Recipes must be original, unpublished and may not have previously won any award or prize.

### Prizes:

Up to 7 finalists will be chosen: Best Oklahoma's Own Recipe GRAND PRIZE, 1st and 2nd Place "Mouthwatering Main Entrees", 1st and 2nd Place "Dig In Desserts"; 1st & 2nd Place Authentic 100 year-old recipes.

Finalists will be notified no later than May 30th, 2007. Winners will be informed by phone, mail and/or e-mail

### Who Can Enter?

Winners must be residents of Oklahoma and eighteen years of age. No substitution or transfer of prizes. Only one individual per entry will be allowed to win grand prize or 1st place category prizes. Prizes not redeemable for cash. Made in Oklahoma Coalition is not responsible for technical failures in entry transmission or for lost, misdirected or delayed mail. Contestants submitting recipes consent to use of name and recipe for publicity purposes without further compensation.

No purchase necessary. A purchase does not improve one's chances of winning. Void where prohibited. To prevent the delivery of future mailings of materials for sweepstakes sponsored by Made In Oklahoma Coalition, send your name and address to "Sweepstakes Name Removal", P.O. Box 54386, Oklahoma City, OK 73154.

**Look for Contest Entry Form on inside back cover.**

## **2006 GRAND PRIZE WINNER** 🌟 **Mouth Watering Main Entree**

**Mary Shivers** 🌟 **Ada, OK**

### **Steaks:**

4 (8-10 oz.) **Oklahoma Beef Rib Eye Steaks**

1 (1.5 oz.) package **Daddy Hinkle's O'riginal Dry and Liquid Seasoning**

### **Glaze:**

1/2 cup red onion, diced

1/4 teaspoon minced garlic

1/2 cup **Coca Cola**

1/2 cup packed dark brown sugar

3/4 cup **KJ Vineyards** White Grape Juice

1 tablespoon **Garden Club Cider Vinegar**

1/3 cup teriyaki marinade & sauce

1/2 teaspoon Tabasco sauce

1 tablespoon cornstarch

1 tablespoon water

**For steaks:** Sprinkle a light coat of Daddy Hinkle's dry on both sides of steak. Press it in. Evenly drizzle Daddy Hinkle's liquid marinade as desired on both sides of steaks. Let steaks rest at room temperature for about 20 to 30 minutes. Grill steaks over hot coals or gas grill to desired doneness, turning once.

**For glaze:** While steak is marinating, bring all glaze ingredients, except cornstarch and water, to a boil over high heat. Reduce heat to medium. Reduce mixture to half of the original volume, stirring often. Stir cornstarch and water together in a small bowl. Stir into glaze until mixture thickens slightly. Remove from heat. Place each steak on a serving plate. Serve glaze on steaks or in small bowls as desired. Serve immediately. Serves 4.



Photo courtesy of National Cattlemen's Beef Association

**Red Earth O'riginal Rib Eyes  
with Maiden Oklahoma Glaze**



## Tropical Chicken Wraps



*An Original Recipe by Kurt Flelschfresser*

1 package **Advance Food's Fast Fixin' Chicken Breast Strips**

1 package Tomato Basil or Spinach Herb Large Flour Tortillas

1 bag mixed spring salad greens

**Tropical Vinaigrette:**

2 tablespoons **Garden Club Pineapple Preserves**

2 teaspoons rice wine vinegar

1 teaspoon soy sauce

1/4 cup **Garden Club Salad Dressing or Mayonnalse**

Prepare the Chicken Breast Strips as directed. Arrange strips along with the salad greens on the wrap or tortilla.

Add some or all of the following:

Chopped Mango

Sliced Red Onion

Fresh Pineapple

(Serves 4)



2 cups **Shawnee Best All Purpose Flour**

1 tablespoon baking powder

1 teaspoon salt

1 1/3 cups sugar

1/2 cup shortening, softened

1 cup **Hiland Milk**

1 teaspoon vanilla

2 eggs



Preheat oven to 350 degrees. Sift together flour, baking powder, salt and sugar. Add shortening, 2/3 cup milk, vanilla and mix to a smooth stiff batter. Add eggs, 1/3 cup milk and mix to a smooth, soft batter. Pour into two eight-inch greased cake pans. Bake at 350 degrees for 25 to 30 minutes. After cooled, frost as desired.

## Yellow Daisy Layer Cake





## **Sweet Bar-B-Q Meatballs**

***An Adapted Recipe by Kitchen Kimberley***

**1 (28 oz.) bag *Fast Fixin' Beef Meatballs***

**1 cup *Garden Club Apricot Preserves***

**1 cup *Head Country Bar-B-Q Sauce***



Prepare meatballs according to package directions. Meanwhile, combine Garden Club Apricot Preserves with Head Country Bar-B-Q Sauce in a medium saucepan over low heat. Stir and cook until well combined and warm. Serve with cooked meatballs. Enjoy!

***Kitchen Kimberley's Tip:*** For easy entertaining, place all ingredients in a crock pot, cover and cook on low until warm, glazed and delicious! Serve and enjoy!

# Centennial Cheese Bread



4 3/4 to 5 1/4 cups unsifted **Shawnee Best All Purpose Flour\***  
2 teaspoons baking powder\*  
2 teaspoons salt\*  
2 tablespoons sugar  
2 packages dry active yeast  
3/4 cup water  
1 1/4 cups **Hiland Buttermilk**  
2 tablespoons margarine  
1 cup **Braums' Coarsely Shredded Cheddar Cheese**  
1 egg, slightly beaten  
1 tablespoon milk

In a large bowl, thoroughly mix 1 1/2 cups flour, sugar, salt, baking powder and undissolved dry active yeast.

Combine buttermilk, water and margarine in sauce pan and heat over low heat until liquids are very warm (120-130 degrees F). Gradually add to dry ingredients and beat two minutes, scraping bowl occasionally. Stir in cheese and enough flour to make a stiff dough.

Turn out onto a lightly floured board; knead until smooth and elastic, about 7 to 10 minutes. Divide dough in half and shape into two round loaves. Place on greased baking sheets. Cover and let rise in warm place until doubled, about one hour.

Mix egg and milk; then brush on loaves. Bake at 350 degrees F for 40 to 45 minutes or until done. Place loaves on wire racks to cool.

\*If using Shawnee Best Self-Rising Flour, omit 2 teaspoons salt and 2 teaspoons baking powder.





### ***An Original Recipe by Kurt Fleischfresser***

8 Bone Rack of Pork (remove meat from bone or ask butcher to French cut)  
salt and pepper to taste

#### ***Peach Glaze:***

1 cup 100% ***KJ Vineyards Grape Juice***  
1 cup ***Garden Club Peach Preserves***

Sear on all sides in hot skillet. Finish in 325 degree oven for additional 45 minutes. Let rest for 10 minutes.

Bring peach glaze to boil and reduce to  $\frac{1}{2}$  of the original volume. Add peach glaze and slice.



## **French Pork Rack**



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of Oklahomans

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**NO EXPIRATION DATE**



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of Oklahomans



MANUFACTURERS COUPON EXPIRES 7/1/07

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**Garden Club**  
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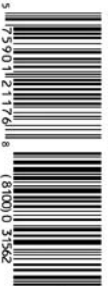
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On Any  
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Restaurant Style

DO NOT DOUBLE/REPRODUCE/COMBINE WITH OTHER OFFER  
LIMIT ONE COUPON PER PURCHASE OF FAST FIXIN' RESTAURANT STYLE OR FAST CLASSICS PRODUCT  
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5 175901 21176 8 (8100) 0 31562

**Griffin**  
Food  
Company

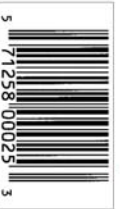
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**NO EXPIRATION DATE**

Good for You. Good for Oklahoma.



**KJ Vineyards**

[www.KJVineyards.com](http://www.KJVineyards.com)



**Redland Juice Company**  
[www.RedlandJuice.com](http://www.RedlandJuice.com)

Oklahoma Grape Juices  
100% Pure and Natural

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Good for You – Good for Oklahoma



*Offer expires May 15, 2007*

**10% OFF**  
**Internet**  
**Sales Only**

**Code**  
**OK100**



**SAVE 10¢**

**on 5 lbs. of Shawnee**  
**Flour (All Purpose and**  
**Self Rising)**

MANUFACTURER'S COUPON

EXPIRES 08/31/07



**"Celebrating 101**  
**Years 1906-2007"**

This coupon worth 10 cents on 5 lbs. of Shawnee Flour (All Purpose and Self Rising.) Mr. Grocer, please accept this coupon for 10 cents on the purchase of 5 lbs. of Shawnee Flour (All Purpose and Self Rising.) We will redeem coupon for 10 cents plus 7 cents handling fee when terms of offer are complied with invoices proving purchase of sufficient Shawnee stock to cover coupons must be presented upon request. Other application constitutes fraud. Void when presented by outside agency or when prohibited, taxed or restricted by law. Customer must pay any sales tax. Redemption will be made by your SHAWNEE representative or mail coupons to: Shawnee Milling Co., Shawnee, OK 74801.

**SAVE 10¢**

**on 5 lbs. of Shawnee Corn**  
**Meals (White, Yellow,**  
**Yellow Self Rising, White**  
**Self Rising Buttermilk)**

MANUFACTURER'S COUPON

EXPIRES 08/31/07



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## Redland Juice Company and KJ Vineyards produces:

- 🍇 Pure, Natural Grape Juices
- 🍇 Only Alcohol Free Juices
- 🍇 Fresh, Single Strength Juices
- 🍇 Without Added Water or Sugar

We produce high quality juices from wine grapes grown and harvested from our own vineyards including:

- 🍇 Chardonnay
- 🍇 Golden Muscat
- 🍇 Merlot

"The most awesome grape juice on the planet!"

## SAVE 10¢

MANUFACTURER'S COUPON EXPIRES 08/31/07  
on 5 lbs. of Shawnee  
Flour (All Purpose and  
Self Rising)



"Celebrating 101  
Years 1906-2007"

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**BEST BREAKFAST**  
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### **HENRYETTA**

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# OFFICIAL ENTRY FORM



Contestant Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: (\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Category Entering: (Please Circle One)

Mouthwatering Main Entree

Dig In Dessert

Authentic 100-year-old recipe



One recipe can be submitted per offered categories. Recipe must be original, unpublished and may not have previously won any award or prize.

Recipe Name: \_\_\_\_\_

Attach recipe with ingredients and instructions on 8 ½ x 11 sheet .

Send entry form and your complete recipe to MIO COALITION RECIPE ROUNDUP 2007, P.O. Box 54386, Oklahoma City, OK 73154 or submit your recipe online at [www.miocoalition.com](http://www.miocoalition.com).

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No purchase necessary. A purchase does not improve one's chances of winning. Void where prohibited.

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# Win your Dream Kitchen!

Submit your original recipe including  
eligible Made in Oklahoma  
ingredients to win a \$7,000 KitchenAid  
appliance makeover.

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